

How to Pray



Adoration

Adoration is a deep reverence for God. It is seeing God and praising Him for who He is. This is where we put our own desires aside and worship God in Spirit and in truth.

Confession

Confession is a call to repentance.

It is about being honest with God and yourself.

"Repent, then, and turn to God, so that your sins may be wiped out, that times of refreshing may come from the Lord." Acts 3:19

Thanksgiving

Thanksgiving is where we give God thanks for everything He has done for us and given us.

"Oh give thanks to the LORD, for He is good; for His steadfast love endures forever!" 1 Chronicles 16:34

Supplication

This is where we present our requests to God for others and ourselves.